



**\*FOR SENIORS AGE 60+  
MONDAY, MARCH 18TH  
5:00 – 6:00 PM**

**Let's start the conversation!**

Please join Dr. Katerina Rozakis, Psychotherapist and Cannabis Health and Wellness advocate, for this informational workshop which will help you gain a better understanding of the history, medicinal benefits, and healing properties of topical cannabis (CBD) and if it's right for you.

With the legalization of cannabis in California, Senior Support recognizes that many of our seniors will have questions about proper use and dosages of cannabis. We want to provide a non-judgmental, safe environment for individuals to explore its values.

*This event is supported by The United Seniors of Oakland and Alameda County (USOAC) and Alameda County Behavioral Health Care Services. There is no affiliation with the City of Pleasanton or the Pleasanton Senior Center.*

**Sponsored by:  
Senior Support  
Program of the  
Tri-Valley**



**Space is Limited  
Please RSVP by  
March 8th  
925-931-5393  
or  
ajones@ssptv.org**

**MEETING SPACE  
PROVIDED BY:**



**5700 Pleasant Hill Rd  
Pleasanton**

**Light Appetizers  
Provided**

**\*Caregivers under 60  
welcome**

**925-931-5393**